 Principals Message
Welcome to Week 5. It will be one of those weeks that is relatively quiet at Cardiff South. Thanks to those families that have already sent in the sponsorship money that the students raised from the Math-a-thon. Once known, we will publish the total amount raised. We are very appreciative of the support we have received through this and are looking forward to using the money to purchase new maths resources for the classrooms.

Good luck to all of the students who will be representing us at the Zone Athletics carnival tomorrow. Run fast, jump high and throw long!

Have a great week
David Holland

 Book Week Activities
Next week we will be celebrating Book Week and there a few exciting things happening for our students throughout the week.

The first to mention is our annual Book Fair which will be held in the Library from Tuesday 18th to Thursday 20th August. The Library will be open from 8am on each of these mornings for students and parents to come and purchase from a large and exciting range of books on display. Each class will also be allocated time during the day to visit the fair and purchase a book if they wish.

On Wednesday 19th August, the students are invited and encouraged to come to school dressed as a book character of their choice to participate in our Book Week Parade. The parade will take place on the basketball court at 12:40pm just before lunch. Parents, if you would like to call in for a sticky beak, please feel free to do so at 12:40pm. It should be a fun day.

For students in Yrs 3-6, we have invited popular Poet and Author, Steven Herrick to visit our school on Thursday 20th August. Steven Herrick brings a vibrant and captivating experience to his school visits; we’re sure the students will be left inspired and awed by his presentation. The cost of this session is $4.50 (included in your Term 3 statement) and payment and consent forms MUST be returned not later than Monday 17th August.

We’re looking forward to an exciting Book Week!

Congratulations
Students of the Week!

Junior Student Award
Olivia King
K / 1 Red

Senior Student Award
Chloe Wright-Smyth
4G
Planning for the 2016 school year has already begun. If there are families with a child who will be entering Kindergarten in 2016 that have not yet enrolled, you must do so ASAP. Likewise, if your family will be moving away from area and your child/ren will be attending a different school for the 2016 school year (and you have not yet notified us), we would appreciate you popping in or phoning the office as it does affect our planning and staffing decisions for next year.

Stage 3 Camp
Time is flying!!!! Only 3 weeks until the Stage 3 students are off to camp. Can we remind parents, carers and students that the medical notes need to be carefully filled out and returned to your child’s teacher. All outstanding payments need to be finalised by THIS Friday, 14th August 3.30pm.

Thanks
The Stage 3 teachers

Zone Athletics
Students competing in the zone athletics carnival tomorrow are reminded that they MUST be at school by 8.30am. The bus will be departing at 8.40am sharp!

Year 6 Visited Cardiff High School For The MADD Matinee
On the 5th of August, Year 6 went to Cardiff High School and watched a MADD Matinee performance by some of the high school students. MADD stands for music, art, drama and dance. The talented high school students performed lots of different songs in singing groups and rock bands. They danced and performed humorous drama acts. The pictures attached show some Year 7 students and previous Cardiff South students that entertained us on the day. We really enjoyed the show and can’t wait to be a part of the show next year. Molly Smith

Photos feat. Jordy Davies, Danika Spamer and Lachlan Gash

Southy Stars – Week 4
⭐ Jada Voigt-4G ⭐ Grace Luck-5E ⭐ Abbey Wise-1/2Z
FATHER’S DAY

Cardiff South Public School P&C Association
Father’s Day Stall Thursday 3rd September 2015

It’s that time of the year where we recognise all those wonderful people who play the role of dad to our school’s students. Once again we shall be running or famous Father’s Day Stall with all sorts of gifts for Dad. This event has always been a favourite with the kids and in the past people have been most generous with their donations of gifts and time - and now it’s time for Father’s Day 2015!

If you wish to donate gifts for the stall we ask that you wrap them nicely in clear cellophane and leave them at the office. Also, we’re really keen for helpers on the day of the stall between 9:00 and 11:00am as without them, the day won’t happen. Please call/text Kevin Sinclair on 0405724906 if you’re able to help on the day.

Let’s work together to make this a great day for the kids and to help make Father’s Day a great one for all those wonderful Dad’s!

Your P&C

Maths Problem of the Week – Stage 1

A spider is climbing up a 30 metre building. Each day it climbs five metres and slides back one metre. How many days will it take to reach the top?

Name: _______________________ Class: _______

Answer: _____________________

Shim Jang Taekwondo
Learn Powerful Self Defence
FIRST LESSON FREE
Cardiff South Public School Hall
Entry via Lake Avenue gate
Tuesday & Thursday 3:30-6:30pm
Low monthly fee - Unlimited access to all centres
Age 5 years and up, Adults & Children all welcome

Phone Greg 0411 155 510
www.shimjang.com

Mortgage Choice
Any school family that establishes a mortgage from Mortgage Choice CARDIFF, our school receives a donation of $250!!
Your local Cardiff Mortgage Choice is the ONLY office supporting your school.

Support your local broker that supports your school.

Cardiff 1800 01 LOAN
2/50 Harrison Street CARDIFF 2285

Believe and Achieve
Keanu H Unplugged

Class: 3/4BG

Favourite movie? Pitch Perfect 2

What is your favourite food? Kit Kat

What do you love about school? Learning about Science & Maths

What do you do for fun? Gymnastics and basketball

What is your nic-name? Kitty-Kat

How many siblings do you have? I’m the youngest of 8

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Trivia Night

...with a difference!!!

Cardiff South Public School & C invites you to a night of trivia and music

6:30pm Saturday 12th September

Club Macquarie

Argenton

Cost $15pp (includes 2 x cheese and dip platters per table)

Start organizing your teams now!!

(8 per table)

Save the date... more details to follow soon!!

Boys & Girls are you looking to have fun, action, develop skills & make friends this summer all in 90 minutes? T20 cricket is for you then!

- Choice of day/venues.
- All equipment provided.
- Short 12 week season.
- Teams of 8.
- Skills coaching.
- Music, family atmosphere.
- Ideal for new players aged 8-12 years.

Traditional Saturday morning competition teams for ages 11 to 17 years also available.

For details John 0401-485767

Email. c9901383@uon.edu.au

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Canteen Roster

<table>
<thead>
<tr>
<th>Wednesday 12</th>
<th>Friday 14</th>
<th>Monday 17</th>
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<tbody>
<tr>
<td>K.Gordon</td>
<td>K.Carroll</td>
<td>D.Rilley</td>
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<tr>
<td>P.Thompson</td>
<td>D.Wise</td>
<td>S.Robinson</td>
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<tr>
<td>K.Sumner</td>
<td>M.Davies</td>
<td>M.Lobley</td>
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<td></td>
<td>S.Windred</td>
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Lunch on Us

Last week's winner was.... Brianna Ritchen

Congratulations!

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Believe and Achieve
It's time for dads to Speak Up

Michael Grose looks at the role of a father's 'presence' and the need for fathers to 'speak up' to their kids to impart important life lessons.

The messages for fathers from parenting experts like myself have morphed over time. Two decades ago dads were encouraged to 'be a presence' in the lives of their children. Authors such as Steve Biddulph and Daniel Petrie urged fathers to be very present in their children's lives rather than a distant or aloof figure. They reminded us that kids need good men around them to model how to relate, how to behave and how to live a good life. Raimond Gaita author of the superb book Romulus, my father articulated this notion beautifully when he wrote, "I know what a good man is, because I've seen it in my father."

A decade or so ago the 'be a presence' message for dads was turned up a few notches to become involved in all parts of children's lives. A raft of research linked a father's active involvement with positive educational and social outcomes for kids, as well as a dad's satisfaction with the role. Men embraced this 'hands on dad mantra' in droves.

Suddenly changing nappies, going to parent-teacher interviews, helping with homework, coaching (or umpiring, managing, cutting oranges for) their children's sports teams became the new fathering norm. Family breakdown, long working hours and Fly In Fly Out jobs, rather than lack of will, were seen as impediments to men's ongoing involvement in their children's lives.

It's time to speak up

It's time to ramp up father's presence once again, but in a different way. The recent actions of some high profile representatives of the Millennial Generation – from being arrested in a $9000-a-night hotel, through to cringe-worthy public antics - has many Australians scratching their heads in bewilderment. Quietly, many people are questioning the quality, or lack thereof, of the advice they receive from their fathers. Being present and involved in children's lives isn't enough per se for this current generation.

TIME magazine recently described this group as 'a generation with narcissistic tendencies that contribute to a feeling of entitlement before they've achieved anything'. But an overblown sense of importance is only half the story.

Growing up in a reality TV culture where everything is critiqued it is little wonder that today's young people are perhaps the most critical generation that have ever lived – posting careless criticism of ideas, people and institutions at the tap of a finger at unfathomable speed, fast losing the art of thinking things through. So what's a dad to do?

I firmly believe the current generation of young people are in dire need of some old-fashioned, very grounded fathering advice such as "Don't get ahead of yourself", "Treat others respectfully at all times" and "Think before you speak/ tweet/post anything nasty about anything/one else."

more on page 2

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.
Okay these messages can and do come from mothers but they have equal, if not more potency when they come from the traditionally more reserved parent— their father. Sometimes a few well-chosen words said with conviction from a highly regarded elder have more impact than a series of reminders, talks, and dare I say, lectures.

**Reclaim your place**

Part of the modern parenting malaise is that many fathers are unsure of their place when their children are unsocial, unfriendly or just plain painful in public. Which side of the fence should I stand on when my child or young person misbehaves—the side of my child or the side of the offended institution or organization? I suspect fathers of past generations would have had few qualms about letting their offspring know their position when they behaved like brats. A clip around the ears would have been the preferred communication method. While I disagree with the methodology I wholeheartedly agree with the sentiment expressed.

It’s not just when kids act like brats that dads need to step forward. They need to be present when children and young people are hurt, fearful, lonely, sad and depressed. The best thing that they can bring to the table is their vulnerability and a willingness to talk about feelings. I suspect most adolescents would think likewise if asked.

I agree with Guardian columnist Mariella Frostrup who recently wrote, “Despite 70 years of full-on feminist rhetoric we still bring up boys to be emotionally buttoned up and girls to remain painfully vulnerable to any emotional undercurrent.” I’ve long believed that it’s fathers, rather than mothers, who take their sons to an emotional space...or not, as the case maybe. The male inability to admit weakness or talk honestly about feelings may currently pervade the halls of power and business, but it should not and must not be the norm at home. Keeping fear, affection, sadness and other emotions under a veneer of ‘she’ll be right’ control is exhausting for men, just as it is for those around them.

**Become the story-teller**

Storytelling used to be the most potent strategy parents used to pass on knowledge and wisdom to their offspring. For too many reasons to mention here storytelling is now a lost art. It’s a shame because most children crave to hear their father’s warts ‘n all story from the horse’s mouth so to speak, rather than have it told to them by someone else, usually their mother. It’s how the vulnerability comes out and also how kids know that their dads are human. Realistic rather than exaggerated stories offer kids hope and can become their map to help them navigate new territory such as starting secondary school, dating, and going for a job. “My dad found things tough but he got through it. I reckon I can too” is a great message for a young person.

The language of fathering is a very physical one. That is, many dads build relationships with their children through games and active pursuits. It’s very often how dads pass on important lessons such as fairness, persistence and winning and losing. If physicality is a bloke’s only strategy then a father is left out in the cold when his sons and daughters move into adolescence – well passed the playful age.

A man’s just got to talk to get his messages through. He can start by letting kids know when their behaviour is likely to offend others; when they behave like chumps when they are not yet champs; and when they need to show respect to those who’ve tread whatever path they are on before them. This is what great fathering is about in these interesting times in which we live.

Michael Grose