Principals Message
What a nice day we enjoyed for our Open Day last Thursday. My staff and I consider ourselves to be very fortunate to work in a community where families willingly support school events in high numbers. Once again we were delighted that so many of you could join us to celebrate Education Week. As you are aware, our focus for Education Week was Maths and the classroom activities were designed to give you a window into some of the ways that students learn new Maths skills. In the afternoon, we ran two parent workshops on how Maths is taught K-6 and the overwhelming feedback from parents who attended was ‘more please’. There will certainly be more opportunities to learn if you are interested, we just need to work out the best way to do this and the best times to offer them so that more people can attend.

This week, the teachers will test the students on how well they have learnt their Math-a-thon questions. The Maths committee has asked that the students do not start bringing in the money they have raised until next week please. All money raised will be spent on purchasing new Maths resources for each class. I wonder which lucky student will win themselves a new iPad mini?

Finally, because of our Maths’ focus, we chose not to emphasise the theme for Education Week this year - Celebrating Local Heroes. The Department is encouraging schools to establish their own alumni networks of past students. I’d be interested to know if there are any families that would be interested in (with support from us) establishing a Cardiff South PS alumni. Ideally, it could be someone who has lived in the area for a while with a good knowledge of the school or perhaps went to school here themselves. Please let me know if that would interest you.

David Holland

Save the Dates
For those of you who like to plan ahead, here are some dates to add to your calendar

- Book Week Parade – Wednesday 19th Aug
- Father’s Day Breakfast – Friday 4th Sept
- Year 6 Fun Day – Thursday 17th Sept
- Whole School Performance Night – Thursday evening 3rd Dec (more details to come)

Maths Problem of the Week – Stage 1
A spider is climbing up a 30 metre building. Each day it climbs five metres and slides back one metre. How many days will it take to reach the top?

Name:___________________________ Class: __________
Answer:_________________________
Thank you Woolworths Cardiff and Bakers Delight

A special thank you goes to Woolworths Cardiff who donated 200 sausages, 20 loaves of bread, sauce, onions and serviettes to the Year 6 fundraising BBQ last week. Woolworths Cardiff continues to be a great supporter of our school and we thank them for this generous donation. We’d also like to thank Bakers Delight who kindly donated 10 loaves of their delicious bread.

As a result of Woolworths’ and Bakers Delight’s support and your patronage—Year 6 were able to raise $895 towards their end of year activities and a gift for the school. Well done Year 6 and thank you Woolies and Bakers Delight!

Good News!

Our SKoolBag app is now available for Windows 8 and 10. This is good news for those of you who do not use a ‘smart phone’ or have trouble reading our newsletter on your phone. If you have Windows 8 or 10 installed on your laptop, PC, tablet etc., you are now able to download the SkoolBag app from the Windows Store.

PSSA

You may have heard that due to circumstances beyond our control, the wrong draw was sent to the bus company for last Friday’s PSSA games. The bus company received the previous week’s draw and because in that round our school had a bye, no bus turned up at school to collect the students for their scheduled game against Barnsley PS. Other schools were also affected as buses turned up at schools that actually were scheduled to have a home game. In a season, where so few games have been played, it was a mistake that we could have done without. Nevertheless, we hope that things will be back on track this week – the students are scheduled to play Wallsend South at Ulinga. At the end of the season when all games are complete, we will determine if some of the money paid for PSSA can be refunded to families. Apologies to those families that were waiting for the students to arrive at Barnsley last Friday.

Cardiff High GATS 2016

Yesterday, all Year 6 students received a note outlining the date and times for the upcoming GATS test at Cardiff High School for potential students in Year 7, 2016. Your child’s teacher must be advised of their intention to sit the test by Friday 7th August. If you have any further questions, please see Mr Carlin.

Southy Stars – Week 3

🌟 Tasha Banek-2L 🌟 Bailey Fletcher-1/2Z 🌟 Abbey Wise-1/2Z

Happy Birthday

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Date</th>
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<tbody>
<tr>
<td>Jesse C</td>
<td>4G</td>
<td>5/8</td>
</tr>
<tr>
<td>Nate W</td>
<td>1D</td>
<td>6/8</td>
</tr>
<tr>
<td>Lincoln D</td>
<td>3S</td>
<td>9/8</td>
</tr>
<tr>
<td>Chelsea W</td>
<td>4G</td>
<td>10/8</td>
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Entertainment Books
We have just TWO Entertainment Books left. If you know anyone who has been thinking of purchasing this year’s book, please send them our way. There are hundreds of dollars worth of savings to be had. Books are $60 and payment is by cash, eftpos, cheque or credit card.

Athletics Carnival
Thanks to all who came along and supported the event. Well done to all students who attended and tried their best. Certificates and ribbons will be given out at the Week 6 assembly, hosted by the school leaders.

The overall point score as well as age champions and runners-up from the athletics carnival are as follows:

**Junior Girls**
- **Champion**: Chloe Walandouw
- **Runner-Up**: Gisele Alley

**Junior Boys**
- **Champion**: Justin Banek
- **Runners-Up**: Connor Bashford

**11yrs Girls**
- **Champion**: Milli Windred
- **Runner-Up**: Abigail Frith

**11yrs Boys**
- **Champion**: Cory Vizintin
- **Runner-Up**: Tyson Reeve

**Senior Girls**
- **Champion**: Chelsea Gilday
- **Runner-Up**: Annalise Alley

**Senior Boys**
- **Champion**: Sam Murphy
- **Runner-Up**: Olli Bryers

House Points
- **Arunta**: 163
- **Myall**: 228
- **Trawalla**: 211
- **Wallaroo**: 322


P&C Trivia Night – Save the Date!
The P&C will be running a ‘Trivia Night’ on Saturday 12th September at Club Macquarie. The night will kick off at 6.30pm and is geared towards being a successful fundraiser. More details to come!

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**Noah V Unplugged**

**Class:**
- **1D**

**Favourite movie?**
- Minions

**What is your favourite food?**
- Chocolate

**How many siblings do you have?**
- Two older sisters (Ella & Layla) and one younger sister (Chloe).

**What do you do for fun?**
- Ride my bike

**Do you play sport?**
- Soccer for South Cardiff
Preschool Bike-a-thon

Last Thursday the 30th of July and today, Tuesday the 4th of August the Kangaroos and Koalas were involved in our annual Preschool Fundraising Bike-A-Thon. This event came about from the children’s continued enjoyment with our Preschool bikes, and the need to replace and purchase some new equipment to further enrich their experiences at Preschool. Each child brought in their own bike or scooter from home for the event and families were invited to come along and take part, as well as find sponsors to donate money for each lap their child completed up to 10 laps. The event took place in the 3-6 concrete area outside the school office and gathered lots of interest from the school community. The students in 6J came out to buddy up with the children and tally their laps as they went around. All of the children eagerly participated in the event and persisted to complete their laps, with some tired legs after it was all over!

Lunch on Us

Last week’s winner was….

Liam Nash

Congratulations!

Canteen Roster

<table>
<thead>
<tr>
<th>Wednesday 5</th>
<th>Friday 7</th>
<th>Monday 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>C.Scanlon</td>
<td>C.Strong</td>
<td>D. Rielly</td>
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<tr>
<td>R.Reeve</td>
<td>L.Williamson</td>
<td>L.Jones</td>
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<td>T.Davis</td>
<td>J.Matheson</td>
<td>P.Tarrant</td>
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Believe and Achieve
Do you let your kids amaze you?

“I’m amazed at what children CAN do when given the opportunity and encouragement. I love the pride, confidence and sense of purpose/pleasure in contributing, each new skill achieved brings. The smiles are awesome too.”

A mother left this comment on our Facebook page recently in response to our post: “What would be the impact if you did less, not more for your children?”

Lovely answer!

It got me thinking that the joy that this mother took from watching her children develop independence was no accident. Her parenting style played a large role in her children’s independence. All power to her and her parenting style!

I’ve long believed that adults are the gatekeepers for children’s independence.

We open the gate to independence when we give children opportunities to develop self-help skills (carry their own schoolbags, get themselves up in the morning, tidy their own rooms); provide them with real responsibility (feeding pets, setting the meal table and preparing meals) and give them autonomy to make some of their own decisions (choosing clothes within limits, following own interests, making choices about pocket-money spending).

We close the independence gate when we do too much for children (tidy their toys away, pack their schoolbags, make simple snacks; rescue them from learning opportunities (take forgotten lunches to school, sort out their friendship problems, pay their library fines) and neglect to build scaffolds to independence (such as help them make their bed, walk half way to school, teach them to ride public transport).

It’s a quirk of parenting that many children think they are older than they are, and parents think their children are younger than they are. We underestimate children’s abilities to the detriment of their development.

Are you an opener or closer of the gate to children’s independence?

Think of independence as a continuum with opening the gate and closing the gate at either end. If your parenting is more at the closing end then look for ways to move down the continuum towards independence building. My advice is to make small adaptations to your parenting. For instance, start with a child making their own snacks before moving to helping you to prepare a meal. But first you need to develop a mindset for independence building. That means, be on the lookout for opportunities for children to do things for themselves.

As many readers will know I firmly believe that the job of parents is to make ourselves redundant from the earliest possible age of a child’s life. That means, that our interactions with kids have an endgame in mind – we want our kids to be able to stand on their own two feet physically (Don’t we get a kick out of them walking for the first time!), emotionally (with support, of course) and to navigate their world without being reliant on others.

There is no better feeling as a parent than watching your child beam with joy and pride when they’ve mastered a new skill, overcome a challenge or conquered a fear. It’s those times that make parenting so worthwhile. Those awesome smiles won’t happen by accident. They require a parenting style that gives kids a chance to be independent; that encourages them to be brave and offers them the safety net of emotional support when life throws them curve balls. Why not try it? Give your kids a chance to amaze you.

If the idea of promoting real independence in kids enthuses you then join me at ParentingIdeas Club where week in and week out I’ll show you how to raise kids that will amaze you. Find out more.

Michael Grose