Principals Message
Welcome back everyone. I trust that you and your families enjoyed some valuable time together over the past two weeks and that your children are feeling refreshed and ready to return to school? If your family is like mine, we enjoy the time together, but we are now happy to send them back to school and get back into some sort of a routine. No doubt there may be a few of you who need a ‘holiday from the holiday’!

The term ahead does not look quite as busy as the last one. Sometime this week, we will endeavour to update the Skoolbag calendar to include all the major events that we know of in advance, but for now, some key dates for your diaries include:

- 21/7 – Athletics carnival
- 22/7 – Beanie day for Brain cancer (Mark Hughes Foundation)
- 30/7 – Education Week – Open Day
- 18-20/8 – Book Fair (Book parade 19/8)
- 26-28/8 – Stage 3 outdoor camp
- 4/9 - Father’s Day Breakfast
- 17/9 – Year 6 Fun Day

Also, keep an eye out tomorrow for a note explaining our plans for Education Week including an exciting Math-a-thon.

Here’s to a great term ahead.
David Holland

Athletics Carnival
The previously postponed athletics carnival will now take place on Tuesday 21st July at Neegulbah Park, Macquarie Hills. This is the site where Cardiff Little Athletics meet. Because of the change of date and venue, the students will receive another permission note which needs to be returned by this Friday at the latest (17th July). The cost will be a little less than the original carnival at Glendale was to be – the difference in price will be deducted from the next event scheduled in Term 3. The students need wear their sports uniform (with hat) and pack recess, lunch and bring a bottle of water. There will be a canteen operating throughout the day. The students must be at school by 8:45am to have their names marked off and ready to board the bus by 9am. The K-2 students will return to school as originally planned at approximately 12.30pm. It should be a good day, join us at Neegulbah if you are able.
Beanie for Brain Cancer Day

Next Wednesday the 22nd July is **Beanie for Brain Cancer day** and this year our school will be participating. Wear a Beanie for Brain Cancer Awareness is a school or business based fundraiser, organised by the Mark Hughes Foundation, to raise funds to assist in finding better treatments for brain cancer. Next Wednesday, our students are invited to come to school wearing their favourite beanie. In doing so, we’d ask all students to bring along a gold coin donation to support Brain cancer research through the Mark Hughes Foundation. The students MUST still wear their normal school uniform, but with the added addition of a beanie for the day. Should be good fun and will support a worthy cause – we look forward to seeing what wonderful beanies the students have!

New Job Opportunity Available

Cardiff South Public School P&C Committee is looking for a person to take up the new position of Canteen Manager, Second in Charge.

The position is to fill in for when the Canteen Manager is unable to come to work, whether it be for medical or personal reasons.

The position is paid as a casual, with Superannuation entitlements. You will be employed under the Fast Food Industry Award 2010 (MA000003) as a Level 2. The person who takes on this position; maybe called up on short notice to start the day; at times, will need to work the canteen on their own; it would be of a significant advantage to have worked in this type of industry before, either at a School Canteen level or for a fast food outlet/café, doing food preparation.

Please bring in your letter of application to the office before **Friday 31st July**. Applications will be called to arrange for an interview at a later date. The successful applicant will be required to be ready to start by the of August 2015.

Woolies Earn & Learn

It’s back! Woolworths **Earn ‘n Learn** is back and we’re super excited to again be apart of this generous program. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator and place them on Woolworths Earn & Learn Sticker Sheet. Every $10 spent will earn you 1 sticker, once each sticker card is complete, simply pop it in the collection box either at school or at Woolworths CARDIFF. This a great chance for us to earn some fabulous resources for our school. Last time we participated, our school collected enough points to select over $1500 worth of sports, music and maths equipment!
Save the date
Book Week is a highlight of Term 3. It is about promoting reading, literature and books, but there are other benefits. The Book Character Parade is scheduled for Wednesday 19th August 2015. It is a fantastic community event and it brings the whole school together in a fun, non-competitive way. There is always a buzz in the school as students are excited about dressing up and seeing others dress up. It encourages them to think about the stories they know and how they could be a character. Everyone who wants to be involved could be! So start planning your outfit and please don’t go to any expense. Fabulous character costumes can be made and found in your own wardrobe or dress up box!

P&C Meeting
Please be advised that there is no P&C meeting scheduled for tomorrow night. The next meeting will be Weds 19th August at 7pm.

Spelling Bee
The Premier’s Spelling Bee is a fun and educational way for primary school students to engage in spelling. It includes activities to encourage all students to engage with spelling and to promote improved literacy in combination with the English K-6 Syllabus. In August, we will be holding our school ‘spell off’ to select two students from Stage 2 and Stage 3 to represent our school at the Regional finals in September. If you love to spell out loud and would like to participate please give your name to Mrs Blake in the library.

Tissue supply
The wintery sniffles are still around and as a result our tissue supply has diminished somewhat. We ask that every family consider making a one-off donation of tissues; 1 box to the youngest child’s classroom will boost the supply back up for the remainder of the year. Thanks you!

Year 6 High School Excursion June 2015
On Wednesday the 24th of June, Year 6 went to Cardiff High School to visit and see what you can do there. The subjects we had an opportunity to practise were Sport, Science, English, Maths and Music. We all extremely enjoyed the high school and most especially Science.
In Science, we did many different experiments but our favourite was the flying firing tea bag. Here we tipped out all the tea into the bin. We kept the bag, shaped it into a cylinder and stood it up. We then lit a match and then set the top of the tea bag on fire. We watched it burn down interestingly, until it almost got to the end, then it started to lift into the air. This was because fire is meant to go up but the flame went down the tea bag because it followed an air draft in the cylinder of paper. The tea bag lifted up to the roof and came back down into ashes.
We would like to thank Mr. Jardine and Mr. Carlin for taking us to Cardiff High School, it was an amazing experience and we hope to go there again soon.  By Jemma and Amity.

Ukulele
Parents of re-enrolling ukulele students have been sent an email about Cardiff South ukulele lessons which are starting back in Week 2. If you did not get one, please get in touch with Mark.
Dianne Murray is teaching uke before and after school on Wednesdays. If your child would like to re-join after an absence, then please send an email to mark@thesumoftheparts.com.au, or talk to Dianne. Dianne starts in Week 2 on Wednesdays before and after school. More information is at the website - www.jukestra.com.
A class for new students will be scheduled from Week 6 so they can try out the ukulele for four weeks.

Mark Jackson – Ukulele Instructor
PSSA this Friday
Cardiff South will be competing against Elermore Vale PS at Upper Reserve for PSSA this week. As always, parents are welcome to come along and cheer the teams on. Fingers crossed for better weather this time!

Cameron R Unplugged

Class: 3S
What is your favourite movie
Jurassic World
What is your favourite food?
Watermelon
What did you love about the school holidays?
Sleep-overs with my friends
How many siblings do you have?
3 brothers-2 older and 1 younger
Do you have a favourite game?
PS3- Lego Star Wars
What do you love about school?
Learning new things and reading

Happy Birthday

Dylan G Koalas 16/7
Lucas W 2G 17/7
Brooke M 1/2Z 18/7
Hannah F Koalas 21/7

Maths Problem of the Week – Stage 2

At our recent school disco a class of 36 students had 3/4 attend on the night. How many students did not go to the school disco?

Name: ___________________________ Class: ______
Answer: ___________________________
There is a strong shift away from the old rule of “never talk to strangers” to “never go anywhere with anyone without asking permission first”. A child who has been taught to never talk to strangers may feel they have nowhere to go if they find themselves lost in a shopping centre or other public place.

As parents we need to emphasise who is a “stranger”. Your definition and your child’s may be quite different. Engage with your children to help them understand that a stranger is simply someone whom they do not know. We do not know if someone is good or bad just by looking at them. Rather, we need to teach our children about “strangeness”, which is way down at the feeling level. This is about helping kids recognise that something doesn’t feel right, and then to trust and act on those feelings.

**Five ways to enforce the new rule:**

1. **Never go anywhere with anyone without asking permission first**
   
   This is the new fundamental rule to keeping kids safe. This rule must NEVER be broken. Regardless of if it is a school, public or family function, work with your children to ensure they always ask an adult for permission before going off with ANYONE.

   Classic “what if” scenarios are worth their weight in gold. “You are at school and walking back to class after snack when a man comes up to you and says he is looking for his son’s class. He asks you to go with him to show him where it is. Do you go?”

   Use tempting scenarios that are relevant to your child, such as puppies or toys, and discuss safe options and strategies in each case.

2. **Your personal alarm**
   
   Children have an innate sensitive personal alarm, which we can teach them to use. This is their natural defence system. Work with them to identify and recognise the physical and environmental signals that cause their alarm to sound. Knowing that a rush of adrenalin will cause physiological changes in our bodies and activate our personal alarm is a good start. A child’s personal alarm will present the same physical and emotional cues that an adult’s will.

3. **Trust your instincts**
   
   Have you ever gotten “the creeps”? Maybe it’s the idea of snakes, mice or heights that does it for your child. Encourage them to draw on how it feels when they get the creeps. Instincts are those feelings you get when something or someone makes you feel uncomfortable. Instincts are the physiological changes that happen to our body when our personal alarm goes off.

   Physiological changes include noticing that you feel scared or nervous, your tummy feels upset and your heart is racing. And you know what? Our personal alarm is right 100% of the time.
... Keep children safe in public with these 5 ideas ...

4 Personal space vs. safety zone
Most kids understand the concept of personal space. How many times have we heard, “Stop invading my personal space!” Most people feel comfortable within an arm’s length of others. However, do your kids recognise their safety zone? Teach your child to be aware of their surroundings. If a “strange” person is too close, suggest they back away and maintain their safety zone. A safety zone is much bigger than your personal space – at least three giant steps bigger.

5 Safe places, safe people
There are times when a child must ask for help quickly and instinctively. We already know that not all strangers are bad, that most strangers will help a child who is lost or upset. It is situations that are safe, not places. Talk with your child and reinforce that he or she must ALWAYS use his or her skills with ALL people, including those presumed safe. Encourage your child to tell an adult they trust when someone or something has frightened them.

As parents we need to empower our children with self-confidence and trust in their ability to sense when something is just not right. It doesn’t matter if they can articulate it; they just have to feel it.

For more ideas to keep kids safe visit the Daniel Morcombe Foundation.
To find out more about Catherine Gerhardt’s great work about keeping kids safe online and offline visit Kidproofsafety.com.au

Catherine Gerhardt